

# MAKING A MASK FILTER

ADULT SIZE

## DIRECTIONS:

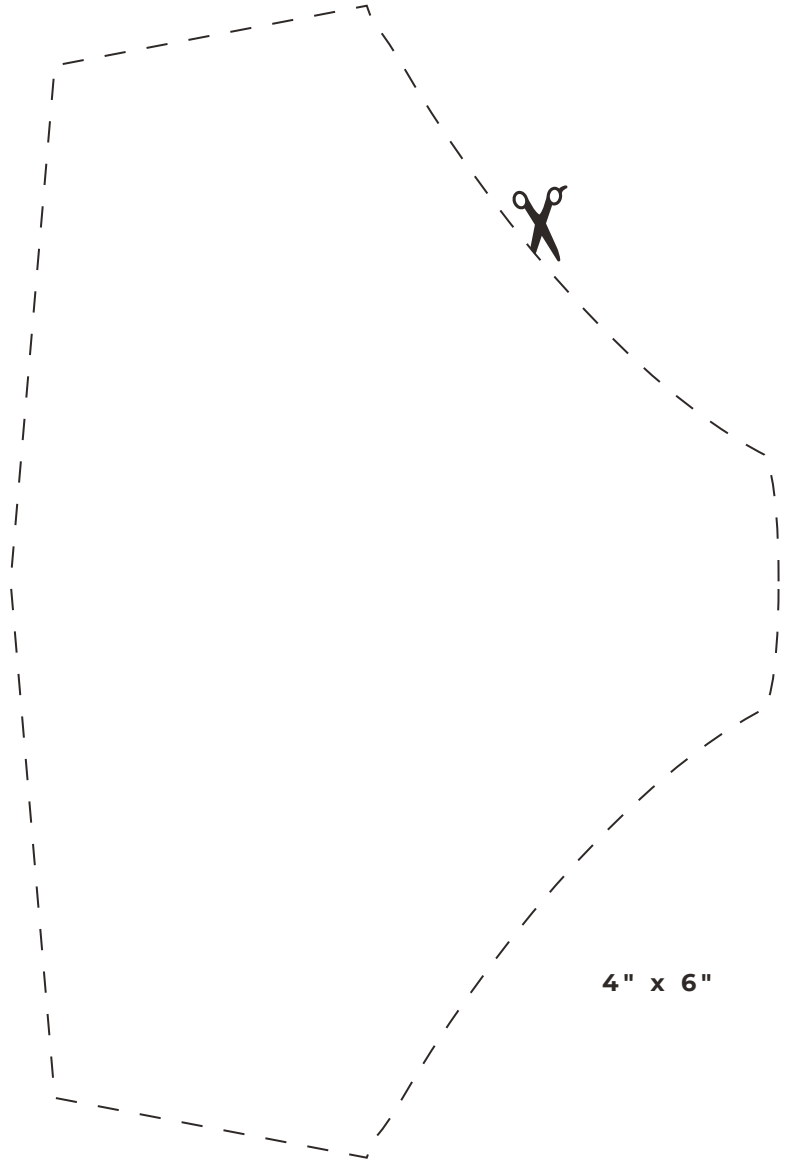
1. Cut out the template filter along the dotted line.
2. Trace shape on a filter material. See below for suggestions.
3. Cut filter material.
4. Insert into your To & Fro mask.

## FILTER OPTIONS:

- HEPA Filter  
*Note: this is the safest option*
- Vacuum Bags
- Air Conditioner Filters
- Air Purifier Filter
- Tea Towels
- Coffee Filters

## CARE TIPS:

Mask filters are for one-time use only. After use, remove the filter and dispose. Also, after each use, gently hand-wash your mask with soap and hot water. Hang mask to dry.



Actual size template for the disposable filter of your mask.

**to & fro**

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